

## SAFEGUARD AGREEMENT POLE DANCE

### PARTIES:

\_\_\_\_\_, a member of the student sports club WSPV Allegra, hereinafter referred to as "Athlete"

and

Wageningen UR, legally represented here by the Head of Sports Centre de Bongerd, hereinafter referred to as "Sports Centre de Bongerd (SCB)".

### RECITALS:

- Sports Centre de Bongerd offers sports lessons and courses to students and staff with the help of qualified instructors;
- Insurance companies consider the following sports to be risky: Parachuting, Mountain Climbing, Kiting, Rafting, Abseiling, Hang-Gliding, Ultra-light Flying, Paragliding, Gliding, White Water Rafting, Deep-Sea Diving and Caving;
- SCB considers Boxing, Pole Dancing and Gymnastics to be risky as well;
- Risky sports are offered at SCB only by qualified instructors; the sport lessons cannot be given without an instructor;
- There are, however, situations in which certain Athletes may independently perform parts of a risky sport;
- The qualified SCB instructors always determine whether or not someone meets the safety criteria set for independent practice;
- Qualified Athletes are registered by SCB.

### HAVE AGREED AS FOLLOWS:

#### Article 1: Practising some sport skills

Pole Dance instructor Sabrina Jansen certifies that Athlete is qualified to independently practise the following skills in Pole Dancing:

- Climbs
- Deadlifts
- Inverts
- Locks
- Spins

#### Article 2: Recognising risks

Athlete is aware of the risks involved in independently practising Pole Dancing and will comply with the agreements made with instructor Sabrina Jansen. The following skills will not be practised:

- Drops
- Flips

#### Article 3: Responsibility

SCB cannot be held liable for any injury resulting from practising a risky sport.

#### Article 4: Indemnification

Athlete hereby states that he or she indemnifies SCB against any claim for injury resulting from independently practising Pole Dancing.

#### Article 5: Athlete's obligations

Athlete is obliged to comply at all times with the house regulations. He or she must always obey instructions from (supervising) personnel.

#### Article 6: Period and termination of the agreement

This agreement lasts for no more than one academic year and must be renewed at the beginning of a new academic year.

Agreed upon and drawn up and signed in duplicate on

.....(date) in ..... (city/town).

Henri ten Klooster  
Head Sports Centre de Bongerd

Sabrina Jansen  
Instructor Pole Dancing

\_\_\_\_\_(Athlete)

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(signature)

(signature)

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