

NSK Pole Dance



**Program booklet
4th of June 2022**



allegra



**STUDENTENSPORT
NEDERLAND**



Thymos
Sports Foundation
Wageningen University



**WAGENINGEN
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Preface

Dear visitor,

We want to thank you for being here and enjoying all the performances. All students have trained hard to be here and show you all the skills they have learned over the past year(s).

After some difficult years and the cancellation of the previous NSK, we are glad that we are able to organise a competition again. We are sure this year's NSK will be a success.

In the last months, we have put a lot of effort and time into organising NSK. We had some bumps in the road, and many changes needed to be made to organise this competition. Nonetheless, we had fun organising the NSK.

In the name of the committee, we proudly present to you the second NSK pole dancing. We hope that you as a visitor will enjoy the performances as much as we enjoyed organising the NSK for you.

Enjoy!

The NSK committee

Board talk

As the Board of W.S.P.V. Allegra, we would like to officially welcome you to the NSK poledancing 2022. We're excited to welcome students from all over the Netherlands to come show the routines that they've worked so hard on!

We would like to greatly thank the NSK committee that put this event together! They have worked incredibly hard all year to organise this competition, and we are so proud of what they have achieved, especially since this is the first time that Allegra had the honour to organise the NSK.

We know that it's going to be a great success, so enjoy!

Board of W.S.P.V. Allegra 2021-2022



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Program morning

Guest performance – Demi Brama

Beginners

Caroline Maas – Lasya

My blood (Ellie Goulding)

Hester Beun – Allegra

Don't stop me now (Queen)

Levine van Bezu – Allegra

I'm alive (Nive)

Duo

Lizzy Grootjen/Sanne – Lasya

Loesje Janssen/Roos de Nijs – Allegra

Ik haat je (Goldband)

Milou Netten/Ineke Koning – Allegra

Experience (Einaudi)

Award ceremony

Break – lunch, WURkshop

Program afternoon

Guest performance – Student Dance Factory

Intermediate

Annemijn Tjeertes – Allegra

Joker and the Queen (Ed Sheeran/Taylor Swift)

Carlien Kreuwel – Blue

Leave the light on (Tom Walker)

Lizzy Grootjen – Lasya

Uprising (Muse)

Nikoline Marxen – Allegra

3 years (Dopha)

Chloe Girka – Allegra

Sous le ciel de paris (ZAZ)

Advanced

Lisa van Malssen – Allegra

De diepte (S10)

Toke Heerkens – NoordPole

Die For You (VALORANT&Grabbitz)

Award ceremony

Visitors' information

Address:

Sports Centre de Bongerd
Bornsesteeg 2
6708 PE, Wageningen
Sports hall 2

Entrance:

Free

Parking:

There is enough parking space in front of the sports hall to park your car. When you drive a little further there is also a big parking space near the tennis courts. Parking is free.

The Sports pub will be open at 12.00 pm to purchase coffee or tea or a small snack. There can be paid with both cash or by card.

There is a break between the morning and afternoon schedule (12.20 – 14.00). During the break, there will be time to have lunch.

WURkshop


Always wanted to try pole dancing but never had the courage? During the lunch break there will be an opportunity to try pole dancing. The WURkshop will be held in sports hall 3. To participate you can subscribe yourself at the entrance.

WURd of the audience

During the competition, you as the audience can vote for your favourite performance. You can vote once in every category. So vote, and your favourite act might win!

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Judges – Demi Brama



Demi Brama started pole sports when she was 10 years old. When Demi was 11, she competed at Beat Graffiti after this competition Demi got invited to the Dutch national competition (2014) to do a demonstration to see if next year the organization would add the national competition for kids. The

demonstration was a success and in 2015 the first Dutch championship for kids (10-14 and 15-17) was organized. Demi competed and won first place after her success she joined the nationals every year and placed herself multiple times (2016-2017-2018-2019-2021) for the world championship organized by the IPSF (international pole sports federation) where she has won 5 world medals in total. Last year, in 2021 she won 2 silver medals in the category artistic pole and artistic hoop.

Demi is still competing at the Dutch national championships in 2022 she is bringing her team Acrobatic Dreams Team to the nationals. Currently, Demi is training for the nationals and coaching others in her studio Acrobatic Dreams.

Judges – Nils-Anders Gruben

Our next judge is Nils-Anders Gruben. Having



performed at numerous shows and competitions; knowing how to entertain a crowd is his strong suit.

Nils-Anders' pole journey started back in 2012 during clubbing, after which it soon became his

hobby and passion. He started doing competitions in 2016 and founded a pole dance school in 2018: Anders Pole Power in Apeldoorn.

"I want to see a show, attitude is everything during a performance. The audience will feel the way you feel on stage. So bring all of your energy and dance until you drop!

Judges – Maurits Kersten

Our last judge is Maurits Kersten.



Maurits has been dancing since 2012 and entered the competitive circuit in 2014, first in mixed doubles, then solo men.

He's taught at several studios over the years, but now you can find him teaching in Pole Inspiration Dance Studio, in Rotterdam and The Hague.

Having repeatedly gone on record as saying "Screw what the judges think, I'm doing this for ME", Maurits' advice to competitors is to stay true to yourself.

"This is your chance to show what YOU can do. If you try to copy the other people in your competition, you're only restricting yourself.

Don't be afraid to think outside the box a little bit to better show off YOUR style."



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